



DEPARTMENT OF LIBRARY AND RECREATION SERVICES

Active Adult/Senior Services



Bayshore Community Center

Classes & Activities

February 2023

Monday

8:00 AM—2:00 PM	Senior Open Gym	Gym	No Fee
8:00 AM—2:00 PM	Senior Social Hours	Lower Activity Room	No Fee
9:00 AM - 12:00 PM	Zumba (TV)	ABC Room	No Fee
9:00 AM—2:00 PM	Ping Pong/Mahjong	Upper Activity Room	No Fee
11:30 AM — 1:30 PM	Congregate Lunch (Age 60+)	Gym	\$3 Suggested Donation

Tuesday

8:00 AM—2:00 PM	Senior Open Gym	Gym	No Fee
8:00 AM—2:00 PM	Senior Social Hours	Lower Activity Room	No Fee
9:00 AM - 12:00 PM	Zumba (TV)	ABC Room	No Fee
9:00 AM—2:00 PM	Ping Pong/Mahjong	Upper Activity Room	No Fee
11:30 AM — 1:30 PM	Congregate Lunch (Age 60+)	Gym	\$3 Suggested Donation

Wednesday

8:00 AM—2:00 PM	Senior Open Gym	Gym	No Fee
8:00 AM—2:00 PM	Senior Social Hours	Lower Activity Room	No Fee
9:00 AM — 12:00 PM	Zumba (TV)	ABC Room	No Fee
9:00 AM—2:00 PM	Ping Pong/Mahjong	Upper Activity Room	No Fee
11:00 AM - 12:00 PM	Get Appy	Lobby 12/20/2022	No Fee
11:30 AM — 1:30 PM	Congregate Lunch (Age 60+)	Gym	\$3 Suggested Donation

Thursday

8:00 AM—2:00 PM	Senior Open Gym	Gym	No Fee
8:00 AM—2:00 PM	Senior Social Hours	Lower Activity Room	No Fee
9:00 AM - 12:00 PM	Zumba (TV)	ABC Room	No Fee
9:00 AM—2:00 PM	Ping Pong/Mahjong	Upper Activity Room	No Fee
11:30 AM — 1:30 PM	Congregate Lunch (Age 60+)	Gym	\$3 Suggested Donation

Friday

8:00 AM—2:00 PM	Senior Social Hours	Lower Activity Room	No Fee
9:00 AM - 12:00 PM	Zumba (TV)	ABC Room	No Fee
9:00 AM—2:00 PM	Ping Pong/Mahjong	Upper Activity Room	No Fee
9:00 AM—11:00 AM	Second Harvest Food Distribution	Walk-Thru	2nd and 4th Fridays

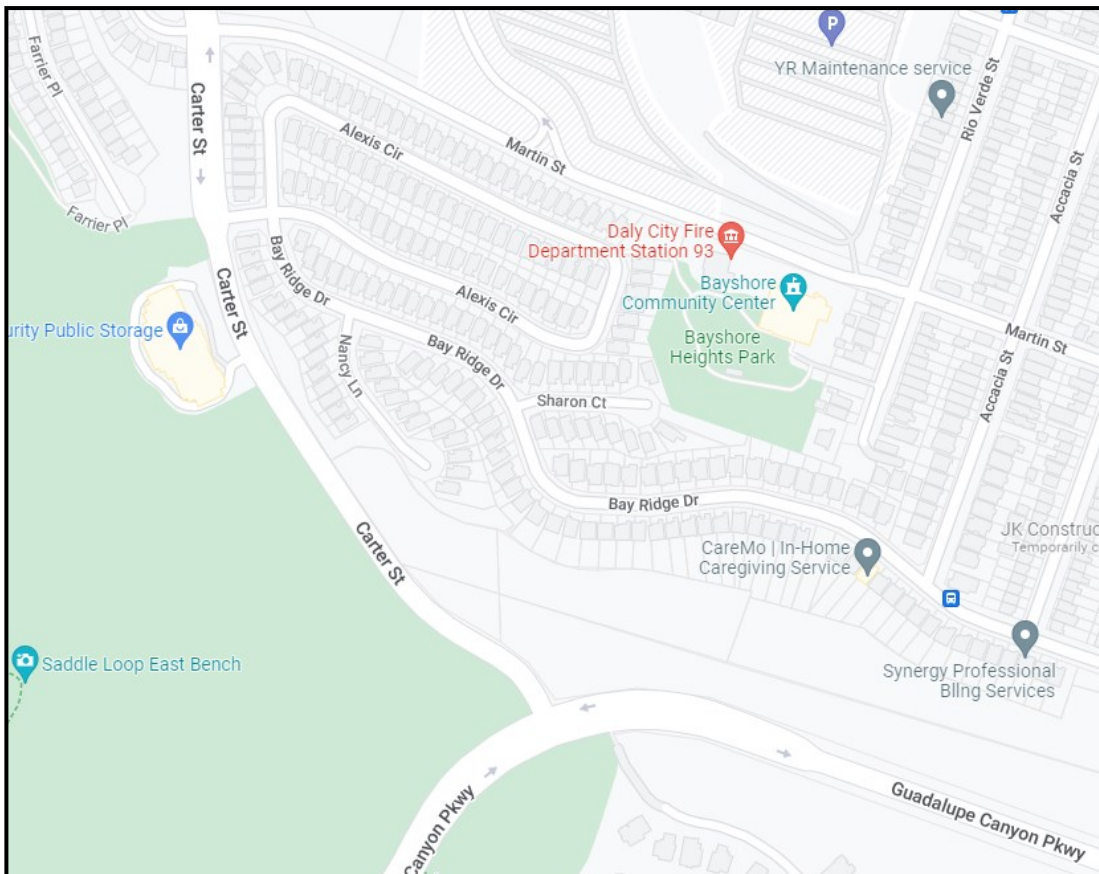


Scan the QR code to join the activities!

For assistance, please visit the Bayshore Community Center
450 Martin Street Daly City, CA 94014
or call 650 991-5701

Daly City Library & Recreation Services

Bayshore Community Center



450 Martin Street, Daly City, CA 94014

www.dalycity.org/seniors

www.facebook.com/DalyCitySeniors

650 991-5701